

Skills to Succeed Academy

Sophomores/Juniors

1. Course: Choose a Career

Module 1: Lila's Dilemma, **Part 1**

Objectives: - Apply decision making skills in assisting an individual consider careers

Plan:

- A: Proceed through the module, slide by slide, facilitating a group discussion/decisions of the decision-making activity. The module is anticipated to take 50 minutes. Stop approximately half way through the module and record where you ended.

2. Course: Choose a Career

Module 1: Lila's Dilemma, **Part 2**

Objectives: - Apply decision making skills in assisting an individual consider careers

Plan:

- A: Beginning where your advisory ended last time, proceed through the module slide by slide, facilitating the discussion/decisions of the class. The module is anticipated to take 50 minutes. Attempt to complete the decision-making activity.

3. Course: Choose a Career

Module 3: "Why do you want to be a...?", **Part 1**

Objectives: - Consider what influences you and your career choice
- Recognize that a job might be really different than you imagined
- Explain the importance of having an open mind when thinking about career

Plan:

- A: Following the video (3/25) of adults telling what they wanted to be when they were younger, the advisor can share what they wanted to be when they were younger and why. Invite a couple of students to share.
- Ss: Log in to your YouScience career results. Find two careers that are a strong or good overall fit for you - pick one that is a career that interests you and pick one that does not interest you. On a piece of paper, create two lists:
"I would like to be a _____ because:"
"I would not like to be a _____ because:"
List 3-5 reasons for each.

4. Course: Choose a Career

Module 3: "Why do you want to be a...?", **Part 2**

Objectives: - Consider what influences you and your career choice
- Recognize that a job might be really different than you imagined
- Explain the importance of having an open mind when thinking about career

Plan:

- A: Arrow through the module slides to 6/25 in order to start where you left off last time. Continue through to the end of slide 14/25.

- Ss: Highlight the reasons on your “I would like to be / I would not to be” lists that are preconceptions or based on an influence.
- Ss: In groups of two, challenge your partners preconceptions/influences. Did your interest in either career change?

5. Course: Choose a Career

Module 4: What Makes You Tick, **Part 1**

- Objectives:
- Recognize your skills, interests, motivators, and style
 - Explain why knowing yourself is important when making career choices

Plan:

- A: Proceed through the module, slide by slide - STOP after slide 10/31. Remind students that they have information about their interests, strengths, motivations and style through their YouScience results. Rather than learn about them through the module, students will spend the remainder of the time reviewing their YouScience results in these areas.
- A/Ss: Advisor: lead students step-by-step through the following activity: Log in to your YouScience results. On a piece of paper, create the headings, “Interests”, “Strengths”, “Motivations”, “Style”. Under each heading, name two qualities that describe you in these areas using your YouScience results and/**OR** what you know to be true about yourself.
 - Interests - List two interests you have
 - Strengths - Click on the heading “Aptitudes” in your YouScience results. Click through your Talents found on the circle bar graph. List two strengths found under your talents or list two strengths you know about your self
 - Motivations - Click on the heading “Aptitudes” in your YouScience results. Scroll down to “Types of Work that Interest You” and find/list two motivations that impact your interest in work/career.
 - Style - Click on the heading “Aptitudes” in your YouScience results. Under “Personal Approach”, find “Your Interpersonal Style” and click “explore”. Read about your style and list two traits that describe your work style.

6. Course: Choose a Career

Module 4: What Makes You Tick, **Part 2**

- Objectives:
- Recognize your skills, interests, motivators, and style
 - Explain why knowing yourself is important when making career choices

Plan:

- A: Proceed through the module, slide by slide, beginning at slide 17/31 and STOP at the end of slide 27/31.

7. Course: Choose a Career

Module 5: Find Your Future

- Objectives:
- Describe the importance of research when planning your career
 - Recognize that there are many types of jobs and possible career paths

Plan:

- A: Proceed through the module, slide by slide, - STOP at the end of slide 13/22. Following slide 2, introduce the Leyden Pathways website. The Career Pathways website is a resource for students to consider a pathway through Leyden based on specific career clusters.

- Ss: With the time remaining, explore the Leyden Pathways website.

8. Course: Choose a Career

Module 6: Get Some Experience

- Objectives:
- Describe the benefits of trying new things and gaining experience
 - Identify various ways to gain experience

Plan:

- A: Proceed through the module, slide by slide, - STOP at the end of slide 11/21. Explain that Leyden offers volunteer opportunities, job shadowing, and job opportunities. As a group or individually, explore the following resources with the time remaining:
 - Volunteer Opportunities: <https://www.leyden212.org/domain/1036>
 - Job Shadowing: <https://www.leyden212.org/Page/4205>
 - Job Opportunities: <https://www.leyden212.org/domain/43>

Seniors:

1. Course: Getting A Job

Module 4: Jenny and Sam

- Objectives:
- Recognize that there are a number of steps to take to get a job
 - Recognize the people whom you will help throughout the training

Plan:

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