## DVR Meeting November 9, 2010 Foods and Nutrition

Members Present: Karin Golin (Proviso East), Chef Denise (Triton), Pam Erickson (Oak Park River Forest), Toni Wurch (Elmwood Park), Connie Jesukaitis, (Proviso West), Nichole Sweeney (Leyden), Valarie Berger (Leyden)

Schools Absent: Riverside-Brookfield, Ridgewood

## 1. DVR Meeting – Culinary

- **a.** The meeting was held at Triton College HIA dining room. Attendees had lunch in the Triton dining room and were able to observe HIA students in class. Our thanks to Chef Denise and her students for an excellent lunch.
- **b.** Valarie Berger updated all attendees on the changes with articulated credit. Dual credit courses are still available to our students. The requirements to offer a dual credit course at the high schools were also outlined.
- **c.** Chef Denise announced that Triton is planning to do another teen chef competition in the spring. Teachers will receive information next spring. Last year's cook-off was a great success, and one of the winning students was our server for lunch.
- **d.** Triton will again be offering the bakery camp this summer, and is also planning a savory camp as well. Chef Denise will forward Val all the information once it becomes available next spring.
- **e.** Val Berger discussed the Sanitation Licensing Class that will be offered through DVR in the summer of 2011. Students and teachers are welcome to take this free course. Upon successful completion of the test, the participants will pay Illinois Department of Public Health \$35 for their actual license. Students successfully passing this test are waived from this course requirement at culinary schools.
- **f.** The attendees discussed means of promoting Triton's culinary program to our high schools. Chef Denise will visit the schools. Students/classes are also welcome to visit Triton, with Tuesday mornings being the best time to organize visits. Triton can accommodate high school groups of 10-15 students/visit.

## 2. Chef Denise's American Buttercream

- **a.** Chef Denise offered to cake decorating demonstrations at the high schools.
- **b.** Chef Denise shared her American buttercream recipe:
  - i. 7 pounds butter
  - ii. 2 pounds margarine
  - iii. 2 pounds shortening Sweetex
  - iv. 4 pounds powdered sugar, sifted
  - **v.** 12 eggs
  - vi. 2 oz vanilla
  - vii. <sup>1</sup>/<sub>2</sub> oz almond extract