

Family & Consumer Sciences
Year-End Report
May 2013
By Valarie Berger

Culinary Meetings: October 18, 2012 and May 8, 2013

- a. The group discussed the Culinary Program's of Study. The team felt these were accurate, and districts should insert their corresponding culinary courses to the grids.
- b. The team discussed various certificate programs. Chef Denise discussed the Cake Decorating certificate offered at Triton, which is 3 classes. Triton also offers a certificate in Cooking with Herbs that deals with sustainability. Chef Denise urged everyone to consider these courses which are convenient, affordable, and available for CPDU's.
- c. Triton discussed their pathway with Robert Morris College, which will provide culinary students a smooth transition into a bachelor's program. The pathway is attached.
- d. Attendees shared various projects at their respective schools.
 - i. Patti Farlee shared their project with the tv production classes, "Cook This". The tv production classes tape students doing a culinary clip. This has been a positive experience for everyone and very well received by the student body.
 - ii. Val Berger shared their youtube video site for their lab demonstrations. The videos may be found at www.youtube.com/leydenculinary. These video demonstrations are available to all students, and work very well for students have missed class. They maximize class instruction time, by eliminating set up and break down of demonstrations. They are also economical, eliminating the need to repeatedly by the same ingredients for repeated demonstrations.
- e. Also proposed was the possibility of adding the "Food Safety and Sanitation" course to the dual credit list. Val Berger and Chef Denise will work on the logistics and feasibility of this course.

f. AAFCS Certification

- i. Teachers researched the AAFCS Certification. Information may be found at www.aafcs.org/CredentialingCenter/PrePac.asp
- ii. "Pre-Pac is a premier national assessment and certification program providing an integrated system that recognizes individual competency achievement and builds value of programs through accountability, articulation possibilities, and business/industry recognition.
- iii. Certification is available in the following areas:
 1. Broad Field Family and Consumer Science
 2. Culinary Arts
 3. Early Childhood Education
 4. Education Fundamentals
 5. Family and Community Services
 6. Fashion, Textiles, and Apparel
 7. Food Science Fundamentals
 8. Housing and Furnishings
 9. Interior Design Fundamentals
 10. Nutrition, Food, and Wellness
 11. Personal and Family Finance
- iv. Competency lists may be found at http://www.aafcs.org/CredentialingCenter/Assessment_Portfolio.asp
- v. Students take a rigorous competency exam. Once they have passed the test, they earn the certification for the respective area.
- vi. Schools must apply to become a testing site. There is no cost to be a testing site. Instructions to become an approved site are on page 2 at [http://www.aafcs.org/res/Credentialing/prepac/AdminGuides/12-13 Administrative Guide to Test Site Approval.pdf](http://www.aafcs.org/res/Credentialing/prepac/AdminGuides/12-13_Administrative_Guide_to_Test_Site_Approval.pdf)
- vii. Tests cost \$25/test or \$40/2 tests. Many students pay \$40/2 tests, and use the first test as a pre-test. Second test must be completed prior to the end of the school year.
- viii. Study guides are available on the aafcs.org website.
- ix. The group discussed ideas for this to be an independent study class or implementing some of the competencies into the curriculum.
- x. For further information, contact Lori Myers at 703.706.4600 or Lmyers@aafcs.org
- xi. Val will look into the possibility of funding of student exams through Perkins.**

Child Care Meetings: November 8, 2012 and March 7, 2013

1. Pathways Update

- a. Mary Rinchiuso attended a Pathways to Results conference which focused on setting up pathways from the high school to the community college to the 4 year college.
- b. Mary found the conference to be very informative.

2. Program of Study

- a. Although high school students could earn certificates while in high school, the high school teachers do not meet the requirements to teach the dual credit courses. All dual credit courses would need to be taken at Triton College.
- b. An idea was presented to co-teach the summer camp. It could be up to 2 weeks and meeting Monday-Thursday. The camp will involve tours, discussion, hands-on activities, and working with young children.
- c. Time was spent reviewing the Programs of Study that are in place for the Early Childhood and Education programs.

3. Gateways to Opportunity Update

- a. Our students may earn the Level I certification through Gateways to Opportunity.
- b. Valarie Berger went over all the information for the local schools to become a provider.
- c. Teachers must attend a 2 day seminar in Bloomington, Illinois.
- d. The cost is \$395/teacher and includes seminar, lunches, teacher's manual, student manual, and trainer kit.
- e. Student consumable notebooks are \$16.75 plus shipping and handling.
- f. Students must complete 16 three hour modules in addition to 20 hours of early childhood observation/contact hours.
- g. June 12, 2013 from 830a-430p and June 13, 2013 from 830a-3p
- h. Rooms are reserved at "The Chateau" at a rate of \$69/night. Group rate is under the name "INCCRRA Block". Breakfast is included.
- i. Contact Mary Jane Simpkins at MJSimpkins@inccrra.org for more information.
- j. DVR is looking into funding the registration fee for the attending teachers.
- k. Val will look into the possibility of funding through Perkins for student consumable workbooks.

4. Degrees/Certificate Programs

- a. Mary shared that the Early Childhood Education Certificate is very popular. There are no general education requirements, and it only requires 31 hours in Early Childhood Education.
- b. Mary also shared that National Lewis will accept the AAS from Triton. Triton has an articulated agreement with National Lewis for degree completion.

5. AAFCS Certification

- a. All of the information was presented on the AAFCS Certification.
- b. The details are above in the culinary notes.

Health Careers Meetings: November 15, 2012 and March 19, 2013

1. Dual Credit Students

- a. Susan Collins discussed the challenges that face the dual credit students in the collegiate environment. Students often struggle with the independent demands of a college environment such as studying for a test rather than reviewing for the test in class. Students often fail to complete reading material, which is test material.
- b. Dual credit students are often unprepared for the rigor of a degree program. Parents will call the instructor, expecting the same accommodations and assistance as provided at the high school level.
- c. In the medical field, students must be able to handle the demands and rigor of the program in order to continue in that field of study. The consequences are too great to let students continue in the program if they are not ready for the rigor.
- d. Some of the high school students have trouble with the "no cell phone" use during class. This may be a maturity issue, but the students must rise to the collegiate demands if they are going to be collegiate students.

2. Renovation Plans

- a. Susan shared the renovation plans for Building H, which is scheduled to open in Fall 2014.
- b. The new Health Sciences Center will be designed like traditional medical buildings with state of the art learning centers and observation areas.

3. Programs of Study

- a. A great deal of time was spent going through the Programs of Study for the Allied Health spreadsheets.
- b. Diagnostic Medical Sonography is not for high school students and should be removed from the programs of study. It requires a 2 year degree before starting the program.
- c. The Eye Care Assistant Program is not currently being offered, although it is still in the catalog.
- d. The following changes should be made to the other spreadsheets:
 - i. Nuclear Medicine Technology for AAS Degree
 1. Add RHT 101 Freshmen Rhetoric and Composition I
 - ii. Nursing AAS Degree
 1. Add 155 – Nursing Care of Individuals with Commonly Recurring Adaptation Problems II
 - iii. Nursing LPN Certificate
 1. This should be called "Nursing LPN Certificate – Exit Option"
 - a. Add Promoting Adaptation in the Physiologic and Psychosocial Modes I and II
 2. Add 155 – Nursing Care of Individuals with Commonly Recurring Adaptation Problems II
 3. Add 156 – Pharmacology in Nursing II

4. Dual Credit Programs

- a. The team discussed many ways to promote the dual credit programs. Susan Collins is willing to organize site visits to Triton or high schools. Interested teachers should contact Susan Collins at scollins@triton.edu
- b. The team also suggested digital flyers emailed to students, youtube.com videos promoting the different fields within the medical fields, youtube videos promoting all dual credit programs, etc. These could be mass emailed to teachers and students and save the cost of burning dvd's. In addition, students not in our classes would also have the opportunity to view the videos.

5. Certification Programs

- a. The team researched certification programs for our high school students through www.ascp.com. (American Society for Clinical Pathologists)
- b. This organization is the testing center for pathologists and it provides a test for our students to earn their phlebotomist license.
- c. The team looked into certified programs in the suburban area. These programs require all students to be at least 18 years old, and the programs also require an internship that is 8 hours/day and 5 days/week. These requirements are in place for legal reasons surrounding the health care profession.
- d. At this time, the team concluded that this would not be a viable option for our high school students.